

MECKLENBURGER SEEN RUNDE 2019 FOR WOMEN AND GIRLS

TENDER (SERVICES, REGULATIONS) FOR MSR 90

I. THE EVENT

Warmly WELCOME to the Women's Cycling of MECKLENBURGER SEEN RUNDE 2017!

Dear cyclists,

We are looking forward to the fifth edition and its first jubilee event of the first cycling event just for women and girls on 24th and 25th May 2019. Get excited for an awesome weekend with a fantastic framework programme and a unique round course through one of the most beautiful regions in Central Europe.

Information about the event are available online:

www.mecklenburger-seen-runde.de

Contact the organiser:

Koepke GmbH
Carlstein 12
17217 Penzlin
Tel. +49 175 7245510
Mail. [ja-ich-will\(at\)mecklenburger-seen-runde\(punkt\)de](mailto:ja-ich-will@mecklenburger-seen-runde.de)

General management, Marketing, PR
Detlef Koepke, phone +49 175 7245510

Routing, Regulations, Administration
René Wasmund, phone +49 172 5406252

Catering, Logistical Coordination
Konstanze Strohmayer, phone +49 171 6194093

We're looking forward to see you!

Best regards

Your team of MECKLENBURGER SEEN RUNDE

DATE

The 90 km Lady's Route of Mecklenburger Seen Runde opens on

25th May 2019, 08:30

in the Culture Park of Neubrandenburg.

Participants start in start blocks. The size of the start blocks is determined by the number of participants and by requirements of the police.

The size of the start blocks is coordinated by organiser's assistant in the pre-start-area. Further, participants are checked for wearing a helmet and whether there are no triathlon handlebars installed. Not more than 150 participants are guided to the route.

The finish is identical to the start. You don't have to worry about getting to Neubrandenburg.

The finish is open until

25th May 2019, 19:00.

ROUTE

The Lady's Route is a single circuit of 90 km with a rough course through the following cities (subject to legal confirmation):

Neubrandenburg - Burg Stargard – Dewitz – Bredenfelde – Lichtenberg – Feldberg – Koldenhof – Dolgen – Rowa - Neubrandenburg.

The course shall be completed in a clock-wise direction on little travelled roads along scenic highlights.

Precise road maps and descriptions will be available on: www.mecklenburger-seen-runde.de

The organiser reserves the right to change the route on basis of regulatory restrictions, unpredictable road construction zones and requirements by the police.

FEES**Entry fees**

For the 90 km at MECKLENBURGER SEEN RUNDE regular entry fees of 69,00 EUR are charged. Early bird tickets are offered in the first registration period.

Jersey

Early birds get the chance to order an individual event jersey on a discount price of 54,00 EUR, later 64,00 EUR. (instead of regular price: 79,00 EUR)

The jersey is completely personalised for you. The women's jersey comes with its own design and a special women's fit.

You have the following options to register:

MSR 90km	Early registration	Regular registration	On-site registration
Registration period	until 14th January 2019	until 6th May 2019	On-site, Neubrandenburg
Fees	€ 59	€ 69	€ 79
Payment	Online or via bank transfer until 17th January 2019	Online or via bank transfer until 8th May 2019	On-site, only cash
Benefits	Most favourable option; guaranteed race slot	Late decision; guaranteed race slot	Your final chance to participate!
Jersey prices Design MSR 19	€ 54 personalised until 14th January 2019	€ 64 personalised from 15th January to 15th April 2019	€ 79 sold on-site

Prices include value added tax (VAT) of 19%.

Payment options are described in the section "Registration".

REGISTRATION

a) Procedure

Registration may be submitted through online registration or with the corresponding .pdf form on the Internet (www.mecklenburger-seen-runde.de) until

5th May 2019, 24:00.

The fully completed and signed registration form needs to be sent to the address given in the letterhead by postal mail.

Registration sent by fax , as a copy or by electronic mail will not be accepted.

At the place of event, late registration is open

from 12:00 to 22:00 on 24th May 2019 and
from 03:30 to 08:30 on 25th May 2019.

An official identification document and cash payment are required for late registration.

The participant may withdraw from the event within two weeks after the registration without any form of cancellation insurance.

Thereafter, the registration is binding and the reimbursement of the registration fee is excluded.

Participant registering online, pay by direct debit through the direct debit authorization.

In the cases of underfunding or withdrawal of the direct debit authorization or deficient bank details, the participant is debited with 11 EUR of costs incurred.

Participants registering in written form pay by bank transfer to the following account:

Account holder: Thomas Rost (Fa. Tollense-Timing)
IBAN: DE68 1505 0200 0301 0309 36
BIC: NOLADE21NBS
Bank: Sparkasse Neubrandenburg-Demmin
Reference: MSR 90, Last Name, First Name, Age Group

Only if the bank proves to the account holder that the full amount of the bank transfer was duly received, the participant is listed in the official starter list online at the website of Mecklenburger Seen Runde.

b) Transfer of Race Numbers

The participant has the right to transfer the race number to another participant.

After receiving the official registration confirmation (online registration), you may rename a substitute participant in written form (info@mecklenburger-seen-runde.de) to the organiser. All booked services are transferred to the substitute participant. An organisational fee of 15 EUR is charged for the transfer of the race number. The right of transfer is limited to one transfer per participant!

c) Cancellation Insurance

During the registration process, we offer cancellation insurance in cooperation with HanseMerkur Insurances. Detailed information on insurance benefits and general insurance terms are available on the registration portal on the MSR website.

d) Tandem Teams

If you want to start in a tandem team, please register as a team of two within the team registration.

FRAMEWORK PROGRAMME – MSR SATTELFEST

Interested parties are invited to Culture Park (Kulturpark) in Neubrandenburg to visit the MSR SATTELFEST for end-consumers.

Moreover, an entertainment programme in the starting area provides fun for the entire family.

II. SERVICES

The organiser sets its sights on creating the best possible conditions to successfully finish MSR 2019. We offer the following service portfolio:

The Starter Bag

- Functional, beautiful shoulder bag
- Information material from selected partners
- Coupon for 1 free drink at the finish area
- Products of partner companies customised to the needs of MSR participants
- Bib number and safety pins
- Transponder (optional, additional charges of 5 €)

Services of the Organiser

Before the event:

- Professional registration portal for a reliable and secure registration process
- Updated registration list by our partner Tollense-Timing
- Assistance in finding lodging on the event weekend
- Professional 8-week training schedule. You will receive the activation code along with your registration conformation.
- Newsletter, Homepage and Facebook page with the latest information on the event

During MSR

- 3 refreshment stations along the 90 km route – premium, energy-rich, and gluten-free snacks and drinks
- an officially authorized routing through divine nature and landscapes
- Route guidance along the road
- Route safety measures of danger zones
- Shuttle service for participants and their bikes who want to leave the race early
- Technical service before, during, and after the event
- First aid, medical emergency assistance
- Free massage service at the refreshment stations in Feldberg
- Toilettes, showers, and locker rooms
- Depot for valuable objects in the start and finish area
- Secure parking for bicycles.
- Medal for all finisher, directly presented in the finish area
- Online result service and download of certificate
- Brochure with information on the event
- Newsletter, website and Facebook page with latest news
- Entertainment programme for the entire family in the start and finish area
- Many small surprises, which won't be disclosed.
- Financial aid for associations and institutions, which contribute to the event
- Supporting cycling youth work

Pasta-Party and Breakfast

On 24th May 2019 from 17:00 a pasta party for all participants takes place at the Culture Park in Neubrandenburg. Expenses for food and drinks are borne by the participant.

On the 25th May 2019 we will offer a breakfast at the start and finish area from 3:00 for 4,00 EUR. The service can be booked at registration. (Coffee, 2/2 sandwiches or cake)

Locker Rooms and Showers

Locker rooms and showers are located in the start and finish area.

Facilities are open from

Saturday, 25th May 2019, 11:00 – 21:00.

Directions are signposted by the organiser.

The locker rooms are not guarded.

Lodgement Service

The organiser provides a lodgement service at some refreshment stations to deposit personal items during the race. The items shall be packed in lockable bags and marked with the participant's race number for precise future identification.

Items may be collected until 27st May 2019 – 12:00 in the area of the race number distribution.

Garments, which are not collected until Wednesday, 30th May 2019 – 12:00 are disposed.

The organiser is not liable for lost or damaged garments.

Valuables

Valuables, e.g. wallets, credit cards, watches, car keys, etc., may be dropped at the safe deposit at the race number distribution. Bags or bicycles are not accepted. Items may be collected after the race in the same area.

Lost and Found Items

Contact point for lost and found items is the service point at the start and finish area. Lost and found items collected by the broom waggon are dropped in this designated area.

Parking

Parking facilities are listed in the category "Arrival and Parking" on the MSR website.

Photo Service

For official photos of the event, we partner with the team of Aachener Sportfotografie-Spezialisten „sportograf“ (www.sportograf.de).

Sportograf is present at various sections on the road as well as in the start and finish area.

Sportograf offers photos taken at the event for purchase online as soon as possible after the event.

Refreshments on the Road

Along the route, three refreshment stations (Bredenfelde, Feldberg, Blankensee) provide the following services in different compositions.

Beverages

- Xenofit-Isodrink
- Water
- Coffee
- Tea

Foods

- Bananas
- Oranges
- Wafers
- Bread, buns, sandwiches
- Mecklenburger vegetable stew
- Cake and pastries
- „Das Müsli“ – official cereal of Mecklenburger Seen Runde
- and much else

Massageservice

We offer a free massage service at the refreshment station in Feldberg. At the start and finish area, we offer a charged massage service. The service may be booked individually.

Trained masseurs get you in shape for the Lady's Route and enable pleasant relaxation after the race.

More information on this service will be available in the MSR newsletter and on the website.

Service and First Aid

Technical support as well as medical care and sanitary fittings are available for all participants in the start and finish area and further on each of the refreshment stations.

Spare parts utilised at the technical support are charged. Participants are encouraged to carry cash during the race.

Further, the racetrack is regularly guarded by a security service. The security service may assist the participant to reach the nearest service desk in the case of severe damages on the bicycle.

If a participant abandons the race, the free shuttle service transports you and your bicycle back to the starting point.

The security service and paramedics are allowed to exclude participants from the race, if a health risk exists.

On 24th and 25th May 2019 the organiser has an emergency call centre available, which will be accessible to participants via a separate mobile phone number. The emergency number is printed on the back of the back bib number.

Please report emergencies to 110 (emergency call) or 112 (Rescue Coordination Centre).

Emergency Number of the Organiser

On 24th and 25th May 2019, an emergency call centre is set up that can be reached with an emergency number.

Detailed information for dealing with emergencies is enclosed in the race pack.

Hotels / Accommodations

We offer a range of hotels in Neubrandenburg and the surrounding area. Please check our website for further information.

www.mecklenburger-seen-runde.de/unterkunft

You may also send a request to:

Tourismusbüro Neubrandenburg

Phone +49 (0)395/19433

www.touristinfo-neubrandenburg.de

Participant, who travel by recreational vehicle also get information on suitable pitches in the tourist information in Neubrandenburg.

III. REGULATIONS

Basics

The Mecklenburger Seen Runde is held under the regulations of the enclosed General Terms and Conditions, the general regulations as well as the general information for all participants.

The regulations are published on the website. Information for the participants are made available upon accreditation.

By registering for the event, the participant recognises all provisions.

We strongly recommend all participants to be familiar with the regulations early enough.

Prerequisite for Participation

The MSR 90 (90 km – Lady's Route) is open for all cyclists, who have reached the age of 14. Until having reached the age of 19, a written and signed parental content form is needed to participate.

Required documents can be downloaded on our website.

No club membership is required to participate.

By participating, each rider commits to check medical requirements, if necessary with a doctor, and to prove a sufficient state of health.

Route

The route will be published in detail before the event on the website of the organiser.

For a first orientation, this is the preliminary route - pending a final decision of the local administration.

Neubrandenburg - Burg Stargard – Dewitz – Bredenfelde – Lichtenberg – Feldberg – Koldenhof – Dolgen – Rowa - Neubrandenburg.

An overview of the map is available:

www.mecklenburger-seen-runde.de/2018/strecke-90-km/

Riding Regulations

The Lady's Route takes place on public roads. Roads are not closed for the event. Road traffic regulations have to be observed in full and with no exception.

In particular, participants are obliged to follow the rules of keeping to the right side of the road and stopping restrictions on traffic lights and railroad crossings.

Participants must expect oncoming traffic and overtaking vehicles at any time.

Each participant shall behave in such a way that no one else is endangered or injured.

Emergency vehicles with special signals have priority.

All orders and instructions of the event management and its representatives must be observed unconditionally by the participant.

The organiser has the right to disqualify participants violating these regulations in any way.

Dumping litter and drinking bottles is prohibited. Any violation of littering regulations leads to immediate disqualification from the event.

Closing times

- Refreshment station Bredenfelde 11:00
- Refreshment station Feldberg 14:00
- Refreshment station Blankensee 17:00
- Finish in Neubrandenburg 19:00

Support vehicles

Support vehicles are not permitted in the race.

Timekeeping

The Mecklenburger Seen Runde is a cycle marathon without ranking list and without assessment.

However, real-time timekeeping is available via a transponder, which all participants receive at the accreditation with their race pack for an additional charge of 5 €.

Timekeeping is realised by our partner:

Tollense-Timing

Thomas Rost

Ludwig-van-Beethoven-Ring 8

17033 Neubrandenburg

Mail: info@tollense-timing.de

Homepage: www.tollense-timing.de

In the case that more than 100 participants require time keeping, we will offer a lap time measurement at the refreshment station in Feldberg.

Bib Number

Participants receive their race number at accreditation on presentation of their registration confirmation and a photo identification.

The race number at the handlebars shall help the photo service to identify the pictures of the participants. Please fasten the race number tightly and place it legible.

The race number for the jersey is pinned on the back of the shirt at the level of the pockets.

Start / Start Time and Collection of Race Pack

Participants obtain the race pack in the start and finish area on

Friday, 24th May 2019, 12:00 to 22:00

and on

Saturday, 25th May 2019, 03:30 to 08:00

by showing the official confirmation.

If the race pack is picked-up by a third person, written authorisation must be submitted.

The Lady's Route starts on

25th May 2019, 08:30.

Starting Groups

Participants will start in starting blocks.

Each starting block is escorted to the town exit of Neubrandenburg.

Please stay behind the leading vehicle.

Average Speed

To participate in the Lady's Route, no minimum average speed is required.

The finish at Culture Park in Neubrandenburg is open until

Saturday, 25th May 2019, 24:00.

Participants, who do not reach the finish within the time limit may use the free shuttle service to get back to the start and finish area. The same applies to participants, who have to finish the race early due to other reasons.

Further information on the shuttle service will be provided in the race pack.

Participants, who wish to finish the circuit beyond the official time limit, are obliged to return the race number due to liability reasons. Afterwards, they continue the race beyond the applicable rules and regulations of the Mecklenburger Seen Runde.

Finish

The organiser explicitly asks to avoid dangerous driving manoeuvres at the finish to prevent falls.

After the finish, participants are encouraged to leave the finish area promptly in order to prevent collisions.

Medal and Certificate

Each participant finishing the tour within the time limit receives a medal, which is presented on arrival at the finish line.

Further, participants may access, download and print the personal certificate from the event's website.

Requirement to Wear a Helmet

During Mecklenburger Seen Runde helmets shall be worn unexceptionally!

The helmet shall be labelled with a seal of approval of an international accredited testing institute (e.g. DIN-Norm 33954, SNEL- und/oder ANSI-Norm, EC oder GS).

Garments

There are no explicit rules for the type of garment. However, clothing shall not increase the security risk. Participants are not allowed to ride topless.

Weather conditions are usually spring-like and pleasant by the end of May. However, we recommend participant to equip with garments that protects from low temperature, wind, and rain.

Equipment and Accessory

Every technically fully intact bicycle is permitted in the Lady's Route of Mecklenburger Seen Runde. Handcycles are permitted.

Recumbent bicycles and handcycles are permitted as long as they are equipped with a pennant on a pennant pole of at least 160 cm and comply with German road traffic regulations (StVO).

Recumbent bicycles are asked to line up at the rear end of the starting block due to reasons of security.

Further, participants are allowed to ride e-bikes that are not subject to prior authorization.

Fixed-gear bicycles are only permitted, if a freehub and two independent breaks are installed.

For reasons of safety, the following hang-on parts are not permitted:

- disc wheels at front / back
- triathlon and delta handlebars
- drinking bottles made of glass or other fragile materials
- cycle trailers of all kinds